

Contributors to TORN

Kathryn Beaumont is a journalist-turned-teacher-turned-a handful of other things-turned-attorney/writer. After receiving a bachelor's in English from Princeton University and a master's in journalism from the Columbia University Graduate School of Journalism, she worked as a journalist for publications such as the *Idaho Mountain Express*, *People Magazine*, *Technology Review*, and *BusinessWeek*. She has taught high school English and worked in higher education administration and, finally, attended Boston College Law School. She now practices law in Boston and lives just outside the city with her husband and two young children.

Tara F. Bishop, MD, is an Assistant Professor of Public Health and Medicine at Weill Cornell Medical School in New York City. She earned her BS degree in Chemical Engineering from the Massachusetts Institute of Technology and her MD degree from Weill Cornell Medical Center. Dr. Bishop took time off from her career to raise children and is now back at work. She lives in New York with her husband and three sons.

Cathleen Blood, a graduate of Yale University, lives in Greenwich CT with her husband and three children. She founded KidsEvents.com and is currently head writer for LaughOutLoudMom.com, a website featuring a weekly "digital" column with a humorous take on life, love-handles, in-laws, and parenthood.

Alexandra Bradner is an assistant professor of philosophy at Denison University, in Granville, Ohio. Before accepting a tenure-track position, she was an instructor at Marshall University, Northwestern University, and the University of Michigan. She is married and has two daughters, who are alternatively smothered and neglected. She received her undergraduate degree from Princeton University and her PhD in philosophy from Northwestern University.

Majka Burhardt is the author of *Coffee Story: Ethiopia* (Origin Point Press 2010) and *Vertical Ethiopia: Climbing Toward Possibility in the Horn of Africa* (Shama, 2008). Ms. Burhardt is a frequent lecturer on the intersection of adventure, culture, and environment, and has worked extensively in Africa examining the overlap between the three realms. Executive Producer of the documentary film *Waypoint Namibia* (2009), Burhardt also works as a professional climber and AMGA certified mountain guide. Her work in Africa has been featured on national news programs and radio shows, and in magazines and newspapers throughout the world. Ms. Burhardt holds an MFA in Creative Writing from the Warren Wilson Program for Writers, and received her BA in anthropology from Princeton University. Her website is MajkaBurhardt.com.

Heather Cabot spent more than fifteen years as a TV reporter and anchor at networks including ABC News, where she co- anchored World News Now and World News This Morning. She is the Founder & Editor-in-Chief of TheWellMom.com, a weekly e-zine that empowers moms to better care for themselves in mind, body and spirit. She also serves as the Web Life Editor for Yahoo! As mother of three-year-old twins, she is always on the hunt for tips and inspiration on how to simplify her life.

Courtney Cook is a teacher and writer whose essays, reviews and interviews have appeared in *The Washington Post*, Salon.com, *More* magazine, and *American Public Media's* "The Story." Courtney's various roles as mom, teacher, librarian, communications director, step- mom, poet, and free-lance writer have taken her from New Hampshire to Kentucky to Connecticut to Sydney, Australia and back with more than a few interesting bumps along the way. Her essay, Quartet, is an excerpt from her memoir-in-progress, How to Leave a Soldier. She is a 1993 graduate of Dartmouth College and holds an MFA from the University of Wollongong in New South Wales, Australia.

Sara Esther Crispe is the editor and creator of the women's site, TheJewishWoman.org, a project of Chabad.org, where she is a featured writer. Additionally, she is a well-known lecturer and leading speaker of women's issues. Sara Esther recently moved back to the States after living in Jerusalem for eight years where she and her husband were the directors of Torat Chesed: The Institute for Advanced Learning for Jewish Women. She is currently working on a book celebrating gender difference according to Kabbalah. She lives with her husband and four children in Merion, PA.

Berta Davis, Ph.D. is an Assistant Clinical Professor of Psychiatry at UCLA and Co-Director of the couple and sex therapy training program of American Association of Couples and Sex Therapists. She served on the board of directors of the Los Angeles County Psychological Association for over twenty-five years. She is currently in private practice in Encino and Beverly Hills, where she helps individuals and couples cope with the challenging task of balancing career and family.

Lydia Denworth is the author of *Toxic Truth: A Scientist, a Doctor, and the Battle Over Lead*. She is a former reporter for *Newsweek* and bureau chief for *People*. Her writing on science, education, and social issues has appeared in *The New York Times*, *Redbook*, *Health* and other publications. She has also worked as an adjunct professor of journalism at both Fordham University and Long Island University. She is currently living in Hong Kong with her husband and three sons, but she considers Brooklyn home. You can learn more about Lydia and her work at lydiadenworth.com.

Deborah Fryer lives in Boulder, Colorado with her husband, Lon, and her six-year-old Standard Poodle, Lila, whose name in Sanskrit means “the interconnectedness of everything.” She divides her time between filmmaking, freelance writing, teaching yoga, and playing in the mountains. Samples of her video work can be found online at LilaFilms.com.

Bracha Goetz serves on the Executive Committee of the national organization, Jewish Board of Advocates for Children, and coordinates a Jewish Big Brothers and Big Sisters Program in Baltimore, Maryland. She is the author of thirteen children’s books, including *Remarkable Park*, *What Do You See in Your Neighborhood?* and *The Invisible Book*. She graduated from Harvard University, attended the Medical College of Virginia, and went on to study at Ohr Someyach Women’s Division in Jerusalem.

Jill Gott-Gleason “retired” from a career in real estate development and is in her second year as a stay-at-home mom. She writes a fashion and lifestyle blog, GoodLifeForLess.blogspot.com, to relieve boredom and stay connected to the outside world. She graduated from Calvin College in West Michigan and continues to live in the same community with her husband and two children.

Sara Debbie Gutfreund lives in Telzstone, Israel with her husband and children. She is a freelance writer and is currently working on her first novel. She holds a BA in English from the University of Pennsylvania and a Masters in Family Therapy from the University of North Texas.

Barbara G.S. Hagerty is a native of Charleston, South Carolina, and the mother of four children. Her essays, columns, and poems have appeared in a wide variety of national and regional periodicals. She has written two books, plus a collection of poetry, *The Guest House* (Finishing Line Press, 2009). A member of the Long Table Poets, a biweekly workshop led by Richard Garcia, she currently holds the Fellowship in Poetry from the South Carolina Arts Commission. She has also worked as a photographer, curator, and teacher of poetry and creative nonfiction. She holds an MA in Creative Writing from The Johns Hopkins University.

Laurie Henneman is a research scientist and Professor of Biology at the University of Montana Western. She received her PhD in Ecology and Evolutionary Biology from the University of Arizona and her AB from Princeton University. She lives in Montana with her husband and daughter.

Shelby Hogan lives in Anaheim, California, with her husband Kevin, their son Theodore, and two beagles. When she’s not busy chasing Theo around, she can be found blogging at GenXMomsBlog.com, writing under the name, “The Scrivener.” She is currently pursuing an MFA in writing from Vermont College.

Amy Hudock, PhD, is a writer, professor, and editor who lives in South Carolina with her family. She is a co-founder of *Literary Mama*, an online literary magazine chosen by *Writers Digest* as one of the 101 Best Web Sites for Writers (2005 and 2009) and by *Forbes* as one of their 100 Best of the Web (2005). She is also the co-editor of *Literary Mama: Reading for the Maternally Inclined* (Seal Press, 2006) and of the book, *American Women Prose Writers, 1820–1870* (Gale, 2001). Her work has been anthologized in the *Chicken Soup for the Soul* and *Cup of Comfort* series, as well as in *Ask Me About My Divorce, Mama, PhD, Single State of the Union*, and *Mothering a Movement*.

Nina Misuraca Ignaczak is an environmental urban planner who dreams of becoming a writer. She has published articles in magazines including the *Michigan Planner*, *Planning & Zoning News*, *Orion Magazine*, *Literary Mama*, Babble.com, as well as her own blog, placeroot.blogspot.com. Nina has a BS in Biology and an MS in Natural Resource Management from the University of Michigan. She resides in the suburbs of Detroit, Michigan, with her husband, son and daughter.

Joana Jepsen works full-time in publishing. She is married and lives in a small rural town in Connecticut with her husband and twin daughters, now ten. She majored in Comparative Literature at Princeton and received her MBA from the Wharton School of the University of Pennsylvania.

Liesl Jurock, M.Ed., is the author of MamasLog.com, a blog about the joys and contrasts that motherhood offers. Her work has appeared online on The Momoir Project, Hybrid Mom, Women's Post and other mother-related websites. She shares a beautiful life with her hubby, Kevin, and son, Lucas, in British Columbia, Canada.

Michelle Levine is a writer, editor and one-time attorney. She currently freelances for New York Family and Patch.com and authors the blog, *Cupcakes Are Evil* (cupcakes-evil.blogspot.com). Her articles have won awards from the Press Club of Long Island. Michelle is a graduate of the University of Pennsylvania and Brooklyn Law School. She lives in Merrick, New York, with her husband and two children.

Devorah Lifshutz is an American writer living in Jerusalem. She writes about her experience raising kids in Israel in her contribution to the anthology, *Call Me Okaasan: Adventures in Multicultural Mothering*.

Carrie L. Lukas is the vice president for policy and economics at the Independent Women's Forum and a senior fellow at the Goldwater Institute. She worked previously for U.S. House Representative Christopher Cox as the senior domestic policy analyst for the House Republican Policy Committee and a senior staff member of the Homeland Security Committee. Lukas is the author of *The Politically Incorrect Guide to Women, Sex, and Feminism* (Regnery, 2006). Her commentaries have appeared in numerous newspapers, including *The*

Washington Post, *USA Today*, the *New York Post*, the *San Francisco Chronicle* and *The Baltimore Sun*. Lukas appears frequently on television shows such as Fox News Channel's *Your World with Neil Cavuto*, *Fox Report with Shepard Smith*, *The O'Reilly Factor*, *Hannity & Colmes*, *CNBC's Kudlow & Company*, and *MSNBC's Hardball with Chris Matthews*.

Holly Madden is an advertising Creative Director and copywriter with over twenty years of experience at some of Boston's top advertising agencies, including *Arnold Worldwide* and *Digitas*. For the past nine years, she has run her own business, specializing in brand positioning, digital and social media marketing, and scriptwriting and marketing for film and video. In her free time, she writes short stories and essays that find the humor in parenthood. Holly has an AB from Harvard College and an MS in Film Production from Boston University. She lives in Massachusetts with her two boys, ages nine and five, and an adopted six-year-old Jack Russell Terrier.

Darcy Mayers is a former music industry executive and the founder/owner of *Midnight Feeding*, an independent media relations agency. She is raising three noisy kids in a suburb of Boston, where she is a PTO president, community activist and soccer coach. Darcy co-authored the book, *TO: A True Story in Letters*, and writes the blog, *Post Picket Fence*. She graduated from Brown University with Honors in 1993.

Lindsey Mead is an executive search consultant focused on placing professionals in the alternative investment space. She graduated from Princeton with a BA in English and received an MBA from Harvard Business School. She is also a writer, who publishes daily on *ADesignSoVast.com*. She lives with her husband and her two children in Cambridge, Massachusetts.

Susan Morse is an Associate Professor at the University of California Hastings College of the Law. She was previously an Assistant Research Professor and Teaching Fellow at Santa Clara University School of Law, an associate at the law firms of *Wilson Sonsini Goodrich & Rosati* and *Ropes & Gray*, and a clerk on the First Circuit Court of Appeals. She graduated from Princeton University in 1993 and Harvard Law School in 1996. She currently lives in Portola Valley, California, with her husband and three daughters.

Abi Cotler O'Roarty teaches photography and design at the Art Institute of California, San Diego. She writes short fiction and personal essays and pens a column on children and motherhood for *The Huffington Post* as well as the *Encinitas Patch Parentspeak* column on *Patch.com*. In her free time, she can be found raising a preschooler and a baby whose tiny voices penetrate nearly every thought she has.

Katherine Ozment is a freelance writer with twenty years of publishing experience, including stints at *Boston* magazine and *National Geographic*. Her musings on the ups and downs of motherhood have been widely published, and her kids are bound to disown her when they're old enough to Google. She lives in Cambridge, Massachusetts, with her husband and three children, and her work can be found at KatherineOzment.com.

Windi Padia is the Education Section Manager for a state wildlife agency in Colorado. She writes human interest articles for *Colorado Outdoors Magazine* and blogs at CrazyCopperTop.blogspot.com. Windi graduated from Princeton University in 2000, where she majored in Ecology and Evolutionary Biology.

Sabrina Parsons is the CEO of Palo Alto Software and founder of the Web blog, MommyCEO.org. Prior to joining Palo Alto Software, she was a co-founder of Lighting Out Consulting and a Senior Producer at Epinions.com. She is the co-author of a book recently published by Entrepreneur Press, *3 Weeks To Startup*.

Regan Penaluna received her PhD in philosophy from Boston University, and she currently teaches at St. John's University in New York. She has written for several publications, including *The Chronicle of Higher Education*, *Philosophy Now*, and *First Things*. She also blogs for *The Philosophers' Magazine*.

Katy Read is a Minneapolis-based writer whose work has appeared in *Salon*, *More*, *Brain Child*, *Real Simple*, *AARP The Magazine*, *Working Mother*, *Parents*, *River Teeth*, *Brevity*, the *Minneapolis Star Tribune*, the *Chicago Sun-Times* and many other outstanding publications. Before becoming a freelance writer, she was a newspaper staff writer, most recently at the *New Orleans Times-Picayune*.

Sue Repko is a writer and licensed urban planner. She is the founder of Positively!Pottstown.com, a community blog for her hometown of Pottstown, PA, to assist in its revitalization efforts. She has a BA in psychology from Princeton University and a master's in city and regional planning from Rutgers University. She is currently an MFA candidate in nonfiction at the Bennington Writing Seminars. Her writing has appeared in *The Gettysburg Review*, *Beloit Fiction Journal*, *Broken Bridge Review*, *Bryant Literary Review*, *New Millennium Writings*, *flashquake*, the *Princeton Alumni Weekly*, and *The Literary Traveler*. She lives in central New Jersey with her husband of twenty-five years and their two teenage sons.

Amy Schneider worked as a business analyst for The Advisory Board Company in Washington, DC, and as a management consultant for Diamond Technology Partners, now part of PriceWaterhouseCoopers. Currently, she stays at home with her two children in Northern New Jersey, where she spends her time organizing kids' activities for the local newcomers group and driving her children all over town. She has a degree from Princeton University in East Asian Studies and an MBA from MIT.

Jessica Scott spent nearly twelve years in the U.S. Army as a senior NCO before she commissioned as an officer in 2007. She has over fourteen years as both officer and enlisted, and has lived in Korea, Germany, and most recently, Fort Hood, Texas. She is one half of a dual military couple and is the mother to two young daughters. She deployed in 2009 with the First Cavalry Division, where she wrote regularly from Iraq about her experiences as a deployed mom and a woman at war, and about leadership during combat operations. Her work has been featured on *The New York Times* "At War" blog. She holds a BA in Cultural Studies and an MS in Telecommunications Management.

Katherine Shaver is a staff writer for *The Washington Post*, where she has covered crime, education, government, development and transportation since 1997. She previously wrote about criminal justice issues for the *St. Petersburg Times* and covered Congress for newspapers in California and Florida. She has been grateful to work part-time since her first child was born. She lives in the Washington, DC area with her husband and two children. She is a graduate of Princeton University.

Alaina Sheer is a single mom, writer, novice photographer and author of the blog, MsSingleMama.com. She has been quoted in *The Guardian*, the *Chicago Tribune*, WBNS-10 TV, *Columbus Monthly* and on CNN.com.

Karen Sibert, MD is an anesthesiologist in private practice in Los Angeles, California. She received an AB degree in English from Princeton University, graduating in 1974, and attended medical school at Baylor College of Medicine in Houston, Texas. She is the mother of four – Arden, Alexandra (who died in infancy), Thomas, and Ariel – and is married to Steven M. Haddy, MD, who practices cardiac anesthesiology at the University of Southern California. In what spare time she has, she reads novels, walks her dog, and studies Arabic.

Joan-Dianne Smith is a clinical social worker and psychotherapist in private practice in Winnipeg, Canada. She attended Wilfrid Laurier University in Ontario and Smith College in Massachusetts. She has published her writing in *The Globe and Mail*, *The Dalhousie Review*, *Cahoots Magazine*, and in the recent anthology, *Christmas Chaos: |Twenty-Five Original Stories of Christmas Gone Awry* by Prairie Dog Publishing. She is married with three children.

Ashley Stone is a stay-at-home mom, a work-at-home mom, and a blogger (OurFamilyStone.org) on the side. She has two beautiful little girls who fill her life with love, joy, and exhaustion.

Shannon Hyland-Tassava is a writer, clinical psychologist, and mom to two daughters. She lives in a Midwest college town with her family, and chronicles the chaos and delight of modern motherhood on her blog, MamaInWonderland.blogspot.com. Shannon has written for a variety of print and web-based publications, including *Motherwords* magazine, *Macalester Today* magazine, BlogHer, The Mothers Movement Online, WorkitMom.com, and

the anthology, *P.S. What I Didn't Say: Unsent Letters to Our Female Friends*. She writes a health and wellness column for her local newspaper, and is currently working on a nonfiction book about stay-at-home motherhood.

Tracy Thompson is a professional journalist and author who lives in the Washington, DC, suburbs with her husband and two daughters. She worked for *The Washington Post* and *The Atlanta Constitution*, where her series "Rural Justice" was selected as a finalist for the 1988 Pulitzer Prize in Investigative Reporting. She has authored two books, *The Beast* (Plume, 1996) and *The Ghost in the House: Motherhood, Raising Children and Struggling with Depression* (HarperCollins, 2006). Her stories have also been included in two anthologies, *The Healing Circle* (Plume, 1998) and *Out of Her Mind: Women Writing on Madness* (2000). She currently chronicles her experience with motherhood and depression on her blog, MaternallyChallenged.typepad.com.

Kim Todd is the author of *Chrysalis: Maria Sibylla Merian and the Secrets of Metamorphosis* (Harcourt, 2007) and *Tinkering with Eden, a Natural History of Exotics in America* (W.W. Norton, 2001). She has taught environmental and nature writing at the University of Montana, the University of California at Santa Cruz, and the Environmental Writers Institute. She currently teaches at Penn State, The Behrend College, and is a senior fellow with the Environmental Leadership Program. Kim has an MFA in creative nonfiction and an MS in environmental studies, both from the University of Montana, and a BA in English from Yale.

Jennifer Ulveling, JD/MBA, is an attorney and psychotherapy intern. In addition, she is a mother, a wife, a short-order chef, an arts director, and a general manager of all things domestic. She resides in Oakland, California, with her husband, her two children and the growing realization that she can't do it all.

Kezia Willingham is a former high-school dropout, single mother, and welfare recipient, who has a bachelor's degree from Oregon State University and a master's in social work from the University of Washington. She resides in Seattle, where she works for the Head Start program and is an advocate for immigration reform. She credits the memoirs of other mothers as guiding lights in time of darkness. She is married with three children.